

### Pinwheel Grove Rules

1. The use of Pinwheel Grove is reserved for Junior troops and older. Juniors can use the lower level while Cadettes and up can use both levels.
2. Never hang more than 1 hammock on a hook at a time. Doing so can damage the hooks and be unsafe for you.
3. Do not have more than 1 person in a hammock at a time. Even if they fit under the 350 lbs weight limit.
4. Always have spotters when getting into, out of, and hanging the top hammocks.
5. No excessive swinging
6. No jumping from one hammock to another.
7. If hammocks get wet:
  - a. Do not put them in their bags
  - b. Take them home and spread them out or hang them, preferably somewhere in the sun, until they are completely dry. Do not use the dryer.
  - c. Pack up the hammocks and return them to Hidden Valley as soon as possible.
8. If hammocks get dirty:
  - a. Hose off the entire hammock.
  - b. Hang or set the hammocks outside until completely dry. Do not put them in the dryer.
  - c. Package the hammocks up and return them to Hidden Valley as soon as possible
9. You are responsible for the hammocks when they are checked out to you. You, or your troop, are responsible for replacing any items damaged while in your care.
10. Please no food or drinks (other than water) while using the hammocks.
11. Unless using them overnight, do not leave the hammocks hanging all night.
12. Pack up the hammocks in the bags. Hammocks can be stuffed in their bags, there is no need to roll them up or fold them.
13. Return ALL materials back to the storage tub and leave them in an organized fashion.
14. Relax and have fun!

### How To Hang

1. Pick your hammock
2. Remove it from the bag and place each carabiner on poles that face one another. Some hammocks are longer than others and may need to be hooked on the loops on the back of the poles. The hammocks can be hooked to any of the hooks as long as it is comfortable and not stretched too tight. Remember - only **1 hammock** per hook.
3. Carefully sit down into the hammock and relax
4. If going into a top hammock (Use the "Pinwheel Grove Hammocking Instructions" video as a guide):
  - a. Step onto the foldable steps on the outside poles (using the step ladder if needed) and hook the hammock onto the loop. Remember to always have spotters when hooking the top hammocks. Repeat on the other side.
  - b. Bring the step ladder right below your hammock and climb onto the top step (not the carrying handle). Remember to have spotters when getting into a top hammock.
  - c. Hook your elbows and forearms into the sides of the hammock
  - d. Bring your foot up and slide it into the side of the hammock (there should be a pocket-like fold made from your forearms)
  - e. Bring up your other foot and do the same then twist to whichever side is easiest until you flip onto your back.
  - f. To get out, jump or have a friend bring the step ladder.

### Checklist

- 18 hammocks
- 1 rainfly
- 1 bug net
- 1 small box with Would-You-Rather and Riddle cards
- 1 step ladder (outside of tub - labeled for Pinwheel Grove)
- 1 charcoal dehumidifier